

How to measure your head for a Bern Helmet...

Step 1: Place a tape measure round your head ensuring it covers the widest point at the back of your head.



Step 2: Run the tape Measure round to the front of the head so it sits just above the ears on either side.



Step3: Take your measurement from the middle of the forehead. Keep your finger on the point to view and then compare to the size chart below.

